

## Falcon Wanderers

P.O. Box 17162 Colorado Springs, CO 80935 (719) 337-9434 www.falconwanderers.org

#### **Connie Dueker**

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#### Come walk with us!

The purpose of the American Volkssport Association is to promote public health, physical fitness and wellbeing of Americans.

Our mission is to promote and organize noncompetitive physical fitness activities encourage lifelong fun, fitness and friendship for all ages and abilities.



America's Walking Club





# WALKING

## A Family Adventure .....



Seeing the real world one footstep at a time.



A Heathful Activity for the Whole Family .... and it's fun too

Here's How (over).

### SSPORTING ... as you may remember it

The Falcon Wanderers Volkssporting Club invites you to walk with us at our next Family Fun Walk. Come and bring the family ... a friend ... or just yourself. Walk at your own speed and take time to enjoy the healthy benefits of walking in the out-of-doors. No experience necessary! All ages welcome!

Call: Russ or Flo at 719-667-5662 E-mail: Walking@FalconWanderers.org ClubWeb site: www.FalconWanderers.org



For more information about our Club

Please go to www.FalconWanderers.org

or write to PO Box 17162 Colorado Springs, CO 80935



Fun, Fitness, Friendship

THANK YOU FOR WALKING WITH US TODAY

WE HOPE IT WAS A **MEMORABLE DAY** 

PLEASE COME AND WALK WITH US **AGAIN** 

The Falcon Wanderers